



February 5-8, 2023  
Sylvan Dale Guest Ranch  
Loveland, Colorado

### AGENDA

#### Sunday- 2/5/23 – ARRIVAL

Check-in any time after 3:00 p.m. at the Main Lodge  
Registration Desk and then settle in and explore.

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|-----------|--|
| 4:00 p.m. | Activity – Icebreaker Walkabout – Meet at the Main Lodge |
| 5:00 p.m. | Dinner with the group                                    |
| 5:45 p.m. | Orientation and Introductions – Heritage House           |

#### Monday- 2/6/23 – DISCOVERY

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|------------|--|
| 7:30 a.m.  | Breakfast with the group   |
| 8:00 a.m.  | All Talk No Action, No More   <i>Speaking into the Listening</i> |
| Noon       | Lunch with the group   |
| 12:45 p.m. | Stand Up and Stand Out   <i>Maximizing your Edge</i>             |
|            | BREAK  |
|            | Developing Conflict Competence   <i>Recognizing Motivations</i>  |
| 6:00 p.m.  | Dinner with the group  |
| 6:45 p.m.  | Movie Night and Discussion                                       |

## Tuesday- 2/7/23 – CALL FOR ACTION

7:30 a.m.	Breakfast with the group
8:00 a.m.	How do You Show Up and What's the Impact?   <i>Do you see what I see?</i>
	BREAK
	Women in Construction   <i>Leading Strong</i>
12:00 p.m.	Lunch with the group
12:45 p.m.	Focus Groups   <i>Our Shared Experiences</i>
	BREAK
4:30 p.m.	Preparing for the Journey   <i>Discovering What Makes Your Heart Sing</i>
6:00 p.m.	Dinner with the group
7:00 p.m.	Action Planning Prep

## Wednesday- 2/8/23 – ACTION PLANNING

*NOTE: Since we must be out of the rooms during the morning session, please pack and have breakfast before 8 a.m. this morning. You can bring your things to the meeting room.*

7:30 a.m.	Breakfast with the group
8:00 a.m.	Ready, Set, Go   <i>Action Planning with Purpose</i>
	BREAK
	No Guts, No Glory   <i>Speaking Your Vision into Reality</i>
12:00 p.m.	Lunch with the group
12:45 p.m.	No Guts, No Glory   <i>Speaking Your Vision into Reality</i>
4:00 p.m.	Boot Camp concludes

**Please note that some of the most important work happens on the last day of Boot Camp and we urge you to arrange flights and travel that allows you to attend the full camp experience.**